

Junior Diploma Tabla

Module – I (12 Classes)

Class 1

- Introduction to Tabla
- Parts of Tabla (Dayan and Bayan)
- Sitting posture and hand position
- Introduction to Matra, Laya and Taal
- Ten Vaani-es of Tabla

Class 2

- Basic Bols Practice
- Na, Ta, Tin, Tun, Te, Re, Ge, Ghe
- Hand coordination exercises

Class 3

- Introduction to Dadra Taal (6 Matras)
- Theka Practice in Thay Laya
- Counting with Taali and Khaali

Class 4

- Dadra Taal in Diguna Laya
- Finger counting with Matras
- Recitation of Bols (Padhant)

Class 5

- Introduction to Keharwa Taal (8 Matras)
- Theka Practice in Thay Laya
- Taali and Khaali identification

Class 6

- Keharwa Taal in Diguna Laya
- Simple variations (Laggi-style patterns)
- Padhant Practice

Class 7

- Revision of Dadra and Keharwa
- Practice of Taali, Khaali and Sam
- Avartan counting exercises

Class 8

- Introduction to Teen Taal (16 Matras)
- Vibhag structure
- Theka Practice in Thay Laya
- Teen Taal Kaida

Class 9

- Teen Taal in Diguna Laya
- Teen Taal kaida
- Finger counting with Matras
- Padhant of Theka

Class 10

- Concept of Tihai
- Simple Tihai in Dadra and Keharwa

Class 11

- Practice of Thay and Diguna Laya
- Playing 1 to 8 Matras with Taali and Khaali

Class 12

- Module I Assessment
- Practical and Oral Revision
- Performance of Dadra, Keharwa and Teen Taal

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Module – II (12 Classes)

Class 13

- Revision of Dadra, Keharwa and Teen Taal
- Accuracy in Theka Presentation

Class 14

- Advanced Diguna Practice
- Maintaining Laya with Hand Counting

Class 15

- Three Types of Tihai in Dadra Taal
- Practical Exercises

Class 16

- Three Types of Tihai in Keharwa Taal
- Practical Exercises

Class 17

- Three Types of Tihai in Teen Taal
- Practical Exercises

Class 18

- Accompaniment Techniques
- Playing with Simple Bhajan or Geet in Dadra

Class 19

- Accompaniment Techniques
- Playing with Simple Songs in Keharwa

Class 20

- Definitions (Paribhasha)
- Revision
- Theka, Bol, Ekgun, Diguna, Tiguna

Class 21

- Definitions (Paribhasha)
- Revision Kaida
- Vibhag, Taali, Khaali, Sam, Avartan, Laya

Class 22

- Sanyukta and Asanyukta Varna of Tabla and Pakhawaj

- Revision Teental
- Oral Practice

Class 23

- Great Tabla and Pakhawaj Players of India
- Revision Dadra and Kaharba
- Brief Note on Tabla Instrument
- Viva Preparation

Class 24

- Final Examination Preparation
- Complete Practical Revision:
 - Dadra Taal
 - Keharwa Taal
 - Teen Taal
 - Thay and Diguna Laya
 - Tihai Practice
 - Accompaniment Practice
 - Oral Theory Revision
 - Assessment

Total Classes: 24 (Module I – 12 Classes + Module II – 12 Classes)

Practical: 70 Marks | Theory (Oral): 30 Marks